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| FORM 3 |
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U.S. SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or
Section 30(f) of the Investment Company Act of 1940

(Print or Type Responses)

-
1. Name and Address of Reporting Person*
- | | | |
|---|---------|----------|
| McDonough | John | J |
| ----- | ----- | ----- |
| (Last) | (First) | (Middle) |
| c/o Total Renal Care Holdings, Inc. 21250 Hawthorne Blvd. | | |
| ----- | | |
| (Street) | | |
| Torrance | CA | 90503 |
| ----- | ----- | ----- |
| (City) | (State) | (Zip) |
2. Date of Event Requiring Statement (Month/Day/Year) 3/99

3. IRS Identification Number of Reporting Person if an Entity
(Voluntary) -----
4. Issuer Name and Ticker or Trading Symbol Total Renal Care Holdings, Inc.

(TRL)

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
- | | | | |
|---|---|------------------------------------|--------------------------------|
| <input type="checkbox"/> Director | <input checked="" type="checkbox"/> Officer | <input type="checkbox"/> 10% Owner | <input type="checkbox"/> Other |
| | (give title below) | | (specify below) |
| Vice President and Chief Accounting Officer | | | |
| ----- | | | |
6. If Amendment, Date of Original (Month/Day/Year) -----
7. Individual or Joint Group Filing (Check Applicable Line)
- ☒ Form Filed by One Reporting Person

☐ Form filed by More than One Reporting Person

TABLE I--NON-DERIVATIVE SECURITIES BENEFICIALLY OWNED

(1) Twenty-five percent of the options vest each year on the anniversary of the date of the grant.

**Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.
If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

/s/ John J. McDonough	March 23, 1999
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**Signature of Reporting Person	Date