FORM 4

U.S. SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

OMB APPROVAL

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[_] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person

Chaltiel Victor M.G.
(Last) (First) (Middle)

21250 Hawthorne Blvd, Suite 800
(Street)

Torrance, California 90503-5517
(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

Total Renal Care Holdings, Inc. (TRL)

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

2/99

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person to Issuer (Check all applicable)

[X] Director [ ] 10% Owner

[X] Officer (give title below) ____ Other (specify below)

Chairman of the Board, Chief Executive Officer and President

7. Individual or Joint/Group Filing (Check applicable Line)

X Form filed by One Reporting Person

Form filed by More than one Reporting Person

TABLE I - NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at End of Month (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		Code	V	Amount	(A) or (D)	Price			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If this form is filed by more than one reporting person, see Instruction (b)(v).

FORM 4 (CONTINUED)

TABLE II - DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED
(E.G., PUTS, CALLS, WARRANTS, OPTIONS, CONVERTIBLE SECURITIES)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (16b-3 Plan)	$32.1875	2/22/99	H			1,000,000	(1)	2/27/08	Common Stock	1,000,000
Options (16b-3 Plan)	$18.7500	2/22/99	H			166,667	(2)	4/24/07	Common Stock	166,667

TABLE II--DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BEMEFICIALLY OWNED
(e.g., puts, calls, warrants, options, convertible securities) -- CONTINUED

1. Title of Derivative Security (Instr. 3)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Month (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Options (16b-3 Plan)				
Options (16b-3 Plan)		166,667	D	

Explanation of Responses:

(1) Twenty-five percent of the options were to vest and become exercisable on each of the first four anniversaries of February 27, 1999.

(2) Twenty-five percent of the options were to vest and become exercisable on each of the first four anniversaries of April 24, 1997.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

/s/ Victor M.G. Chaltiel — March 8, 1999
**Signature of Reporting Person — Date

Victor M.G. Chaltiel

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.