

U.S. SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 3

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or
Section 30(f) of the Investment Company Act of 1940

1. Name and Address of Reporting Person

Udicious Steven J.

(Last) (First) (Middle)

21250 Hawthorne Boulevard

(Street)

Torrance CA 90503

(City) (State) (Zip)

2. Date of Event Requiring Statement (Month/Day/Year)

9/14/2000

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Issuer Name and Ticker or Trading Symbol

Total Renal Care Holdings, Inc. (TRL)

5. Relationship of Reporting Person to Issuer (Check all applicable)

Director 10% Owner
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X Officer (give title below) Other (Specify below)
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Vice President, Secretary

and General Counsel

6. If Amendment, Date of Original (Month/Day/Year)

Table I--Non-Derivative Securities Beneficially Owned

1. Title 2. Amount of 3. Ownership Form: 4. Nature of

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Print or Type Responses)

(Over)
SEC 1473 (8-92)

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FORM 3 (continued)

Table II--Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Explanation of Responses:

(1) The indicated option vests at 25% per year such that 5,000 shares vest, or have vested, on each of the following dates: 3/11/2000; 3/11/2001; 3/11/2002; and, 3/11/2003.

(2) The indicated option vests at 25% per year such that 22,500 shares vest on each of the following dates: 3/29/2001; 3/29/2002; 3/29/2003; and, 3/29/2004. The final installment was accelerated and became exercisable on June 27, 2000, because the market price exceeded 1.864 times the exercise price on ten out of twenty trading days.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

/s/ Steven J. Udacious	9/25/00
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**Signature of Reporting Person	Date

Note: File three copies of this Form, one of which must be manually signed.
If space provided is insufficient,
See Instruction 6 for procedure.